

LITTLE ROCK CENTRAL PTSA MEETING

December 03, 2019

Meeting Called to Order at 12:08 pm

- Karen thanked Sheryl McKelvey & Corie Hollingsworth for work on e-blast and Facebook page.
- October 2019 meeting minutes Approved.
- **Budget/Treasurer's Report** – Jenni Goodman
 - Account balance on the back of report.
 - Membership - 892
 - Pass the Hat – collected \$10,500 YTD. Goal is \$12,000.
 - Use Amazon Smile and Kroger cards.
- **Student Council Report** – Kelling Baker
 - Professor Bowl site visit for Project Graduation. Still thinking about location.
 - Tailgate and Homecoming were great during football season,
 - Be nice to your kids; they are stressed about finals.
- **Principal's Report** – Nancy Rousseau
 - Thank you to Sheryl McKelvey for outstanding and timely work on e-blast.
 - Go Fund Me setup for 2 of our students. Link will be put in e-blast.
 - One of our families with 2 students here. Mom and 2 siblings were killed in car accident.
 - Ms. Alhajaj - Son at Children's Hospital awaiting a heart transplant. Needs help with bills.
 - Sarah Cook – thank you for the chili luncheon. Dips and desserts on Friday, December 13th.
 - Literacy and math testing going on for 9th and 10th graders. Really good process that lets teachers know what skills need to be brushed up on.
 - Exams are coming up. Friday the 20th is a makeup day. Exams will not be given early but can be made up in January.
 - Meeting with Freshman class on Friday about preparing for exams and how they are weighted; handout will be given; please go over handout with your kids as well.
 - Our parents are so appreciated; we could not run our school without parental support.

Committee Reports

- **PTA Council Report** – Jenny Bradford
 - Written report submitted.
- **Watch Dog Dads** – Prentice O'Guinn
 - Prentice's phone # 501-529-3337
 - Very important to have male figures in hallways and cafeteria. Hope group grows.
 - Impact made is significant in lives touched.
 - Basic needs that we do our best to address – from coats to feminine products given to guidance office.
 - Lunchtime volunteer – connect with Prentice and Mrs. Rousseau first; sign in at front office as a Watch Dog and get a visitor sticker.
- **Project Graduation** – Clark Cogbill
 - Clark's phone # 501-831-1956
 - Visit to Professor Bowl with 3 Seniors on Principal's Cabinet.
 - Will attend the Principal's Cabinet meeting in December and ask for feedback on location.
 - Tami Bean will fundraise.

- Latriana will be Treasurer.
- Letters will be sent asking for donations.
- Need help writing letters/thank you notes.
- Could use help so please contact Clark.
- **Teacher Grants** – Karen for Mary Anne Seibert
 - Giving entire \$7,500 PTSA grant budget now because of the overwhelming need.
 - We do not provide funds for travel or printers.
 - List of grants given attached.
 - \$7,527.31 is actual total based on estimated prices given. That may adjust slightly when actual purchases are made.
 - Grants approved.
- **Angel Tree** – Erica Moore
 - Erica's email address Erica.Moore@lrsd.org
 - Assistance to families during holidays through Guidance Department.
 - Angel has wanted or need on it.
 - Gift wrap items and attach Angel and deliver to Guidance Department by December 13th.
 - Mrs. Rousseau asked people to consider asking your church group to consider picking up Angels.

*******Recommendations for Nominating Committee to slate**

*******Recommendations for AR PTA, LR PTA Council & ViPS Award Nominations**

Please email Karen Ryall or Mrs. Rousseau with ideas.

Guest Speaker – Dr. Wendy Ward

Clinical Psychologist at UAMS

“The Do's & Don'ts of Raising Teens”

- Express love to your children – hugs, verbally, spend time.
- Good communication can reduce stress – review week ahead and logistics; family meeting. (doesn't have to be weekly and not just when kids are in trouble; meeting can be called by a kid); try using Calendar Invite
- Apologize for losing temper – nobody is perfect.
- Talk about why you overreacted and how you should have handled the situation.
- Have age-appropriate expectations for reactions of kids – brain is developing up to age 25-30.
- Allow time for kids to calm down, feelings under control before engaging in big conversation – but not more than 3 days.
- Question about expectation v. anxiety:
 - Period of coping is 6 months to 2 years for teenager with major life experience
- Should my teen be able to spend money she earns? It is important to teach financial management (percentage for savings, percentage for charity, percentage to spend). Encourages financial budgeting for expenses.
- Presentation slides will be linked to e-blast.

Meeting Adjourned at 1:16 pm