

DAILY BULLETIN

www.lrcentralhigh.net
Monday ~ October 11, 2021
"B Day"

TIGER HEALTH TIP – Use fat-free milk or 1% milk in your diet.

Daily News

- Hello Writeous (righteous)! Poets, Rappers, Singers, artist, or dancers. There will be a meeting Tuesday, Oct 12 at 4:00 pm. Either in room 214 or Zoom. See Mr. McAdoo for details.
- PAP Chemistry 1st Quarter Exam study session will take place today after school from 4:00-5:30 in room 301.
- Attention students if you are interested in being an advocate for the health and wellness of your community, then SWAG is for you. The Student Wellness Advocacy Group's primary goal is to create student leaders that will bring awareness to the health and wellness issues of the community. Please see Mrs. Brown, guidance counselor, for more information.
- All 10th graders and 11th graders who signed up will take the PSAT next Wednesday, October 13th. Students will complete the pre-administration portion in their History classes. If you were absent on the day they were filled out in your history class you can go to the guidance office to complete this portion. This MUST be done before test day! ON TEST DAY all testing students should bring their Calculator and a NON-mechanical #2 Pencil.
- There will be a Flu Clinic on November 3rd from 9am-11am in the gym. You can get a consent form from your English teacher or come to the front office to pick one up or the Wellness Center. You can return the consent form to a nurse OR bring it with you to the gym on November 3rd.
- 2021 Central High Title I and AP Parent Night (Virtual): Tuesday, October 12th beginning at 5:30pm. The purpose of this meeting is to inform parents about Central's Title I & Advanced Placement program, along with the benefits and expectations of AP courses. Information about Title I and how it impacts our school will be presented promptly at 5:30 pm. The AP meeting will begin immediately afterwards around 6:00 pm. If you have a child who is currently enrolled or will be enrolling in an AP course next year, this is the perfect meeting for you.
- Want to serve your school and community? Want to be a part of an international organization dedicated to community service? Then Junior Civitan is for you! Look for our flyers around school or visit Mr. Pryor in Rm. 127B or Ms. Conrad in Rm. 302 for more details!
- Pulaski County Youth Services in Partnership with Gilmer's Learning Solutions Presents - One on One Tutoring - Homework Trouble? Academic Tutoring? Test Preparation? Please contact Monique Levvi at mlevviepulaskicounty.net or call 501-340-8250 for program details.

Seniors

- Seniors who ordered shirts but did not pay may bring their \$10 to Mrs. Ragsdale and pick up their shirt.

Sports

- If you are interested in playing for the Tiger baseball team, baseball tryouts will be held next Monday, October 11th and Tuesday the 12th. You need to wear a hat, t-shirt, baseball pants or sweatpants, and cleats. You also need to bring a glove. Everything else will be provided. Tryouts will take place at the baseball field and will last from 4:30-6:30. You must turn in an updated physical to Coach Moore to tryout. If you are currently involved with another sport, you will try out for the team after your current season is over. For any other questions email Coach Moore at Landon.Moore@lrsd.org

Scholarships

- Attention Seniors – www.scholarshipguidance.com is an excellent source of scholarships available to high school seniors. Each month they release information on multiple scholarships and the application links. Don't delay – apply today!
- **The American Legion**, Department of Arkansas is offering 8 scholarships. Four (4) \$1000 Coudret Trust Scholarships will be given to students attending an in-state or out of state institution. Four (4) \$3500 Garner Trust Scholarships will be given to students attending an Arkansas college/university or a technical/trade school. To apply you must be a child, grandchild or great grandchild of American Legionnaires. Applications are located in the guidance office. Deadline is March 11, 2022.
- **The Coca-Cola Scholars Foundation** awards 150 college scholarships worth \$20,000 to high school students across the United States through the Coca-Cola Scholars Program. Students need a 3.0 GPA to fill out an online application that requires no essays, no recommendations, and no transcripts. To apply go to Cokeurl.com/scholarships by October 31, 2021, at 5 p.m. Eastern.
- **The Retired Educators of Little Rock and Other Public Schools** is offering a \$1000 scholarship. This scholarship will be awarded on a competitive basis to students who have a GPA average of 3.0 or higher. Students must exhibit leadership qualities, good character and need for financial assistance. See Ms. Medley in the Guidance Office for an application. Applications must be returned by mail and received no later than March 11, 2022.
- **The Jefferson Scholarship** provides the entire cost of attendance at the University of Virginia and many supplemental enrichment experiences. The total value of the Scholarship exceeds \$293,000 for non-Virginian students. Nominees must be an exceptional leader, scholar, and citizen in your senior class. If you would like to be considered as a nominee for the scholarship, please email a short paragraph to Ms. Langston (pam.langston@lrsd.org) as to why you should be considered for Central's nomination. Deadline is November 1, 2021.
- **Davidson College announces the John M. Belk Scholarship.** The John M. Belk Scholarship recognizes powerful students with demonstrated academic excellence, integrity, intellectual curiosity, willingness to take risks, and potential to be change agents in both their local and global communities. Winners are awarded a four-year scholarship (covering tuition, fees, room and board), and two special study stipends (\$3,000 each). If you would like to be considered as a nominee for the scholarship, please email a short paragraph to Ms. Langston (pam.langston@lrsd.org) as to why you should be considered for Central's nomination. Deadline is November 1, 2021.
- **The Korean American Grocers Association Arkansas** announces the One Korean Scholarship (\$1000). All seniors who have a 3.25 or above GPA can apply. You must also demonstrate strong leadership in extracurricular activities, participate in community service and attend a college or university in Arkansas. Applications are located in the guidance office or to download an application, please go to the korean scholarship website. Deadline to submit the application is October 31, 2021.

- **Annual Epic Flight Academy Aviation Scholarship Awards** - We invite high school juniors and seniors who are interested in flight training and aviation maintenance to apply for Epic Flight Academy's Aviation Scholarships. Located in new Smyrna Beach, FL we offer four \$65,000 scholarships. To apply, go to the Epic Flight Academy Website
- It is time again for **Thea Foundation's annual scholarship competition** for high school seniors and this year, we have some exciting changes. We will more than double the amount granted to Arkansas high school seniors from 2020/2021, increasing offerings from \$80,000 to \$219,000. Thea's scholarships range from \$10,000 first place to \$3,000. Thirty-six scholarships will be awarded in the following categories: Visual Arts, Performing Arts (singing - dancing - acting - spoken word), Creative Writing, Fashion Design and Film. For more information and to apply go to the Thea Foundation Website. Deadline is Jan. 14, 2022.
- **The Heisman High School Scholarship** program will recognize top male and female applicants from each state by awarding a \$1,000 scholarship. Among the top male and female applicants from each state, the twelve (12) most outstanding will be identified as national finalists and win at least \$2,000. Of the national finalists, a male and a female winner will be selected as the winner of the \$10,000 National Heisman Scholarship. Eligibility begins with a GPA of 3.0 (B average) or better. Applicants also need to be proven leaders and role models within their school and community. Applicants must participate or have participated in grades 9, 10, or 11 in at least one of the sports recognized by the National Federation of State High School Associations. Community-minded scholar-athletes can apply at Heisman Scholarship Website. Deadline is October 19, 2021.

Virtual College Visits

Date	Time	Block	College/University	Location
10/14/21	1:00	A3	UNIVERSITY OF ARKANSAS AT LITTLE ROCK Little Rock, AR	Guidance Office Conference Rm
10/18/21	9:00	B1	WESLEYAN UNIVERSITY Middletown, Connecticut	Guidance Office Conference Rm
10/18/21	2:30	B4	BAYLOR UNIVERSITY Waco, Texas	Guidance Office Conference Rm
10/20/21	9:00	B1	SOUTHERN METHODIST UNIVERSITY Dallas, Texas	Guidance Office Conference Rm
10/21/21	9:00	A1	KEYON COLLEGE Gambier, Ohio	Guidance Office Conference Rm
10/21/21	1:00	A3	SOUTHERN ARKANSAS UNIVERSITY Magnolia, Arkansas	Guidance Office Conference Rm
10/25/21	9:00	A1	SAVANNAH COLLEGE OF ART AND DESIGN Atlanta, Georgia	Guidance Office Conference Rm
10/25/21	1:00	A3	UNIVERSITY OF ARKANSAS AT PINE BLUFF Pine Bluff, Arkansas	Guidance Office Conference Rm
10/27/21	9:00	A1	SOUTHERN ARKANSAS UNIVERSITY Magnolia, Arkansas	Guidance Office Conference Rm
10/27/21	1:00	A3	LYON COLLEGE Batesville, Arkansas	Guidance Office Conference Rm
10/28/21	9:00	B1	FURMAN UNIVERSITY Greenville, South Carolina	Guidance Office Conference Rm

11/4/21	9:00	A1	UNIVERSITY OF CENTRAL ARKANSAS Conway, Arkansas	Guidance Office Conference Rm
11/9/21	9:00	B1	SOUTHERN ARKANSAS UNIVERSITY TECH Camden, Arkansas	Guidance Office Conference Rm