

**LITTLE ROCK SCHOOL DISTRICT
HEALTH SERVICES**

**CENTRAL HIGH WELLNESS CENTER
CONSENT FOR SERVICES FORM**

THIS FORM MUST BE COMPLETED AND SIGNED BY THE PARENT/GUARDIAN

Student's Name Grade DOB
Address Race (Check One) Gender (Check One)
Phone # Black Male
Student ID# White Female
 Asian/Pacific Islander
 Other

Parent/Guardian Name
Emergency Contact Name
Address/City/Zip Code
Work Phone Cell Phone Pager Home

Medical Insurance Coverage

AR KIDS First Private Insurance Carrier
Insurer Policy/Group Number

The following is a list of services that your child may receive in the Wellness Center. Circle the Services you Do Not want your child to receive.

- Career Development
- Contraceptive/Reproductive Health Services
- Condom Distribution
- Immunization Referral
- Individual/Group Counseling
- Medical Services (Minor Illness Assessments and Sexually Transmitted Disease Counseling Treatment & Referrals)
- * Nutritional Counseling
- * Parental Support Group
- * Prenatal Support Group
- * Pregnancy Testing
- * Service Learning/Volunteer Activities

I give permission for my child to be transported to an outside service provider as needed Yes No

Parent/Guardian's Signature Date
Student's Signature Date

CENTRAL HIGH SCHOOL WELLNESS CENTER GROUP SERVICES FORM

**Only those students who have transitioned from middle school*

PLEASE INDICATE YOUR GROUP PREFERENCE BY PLACING A 1 OR 2 NEXT TO THE DESIRED GROUP NAME.

STUDENTS WILL ONLY BE ALLOWED TO PARTICIPATE IN ONE GROUP PER SEMESTER

Name of Group	Description of Group
Arkansas Dept. of Health	Reproductive Health Services/ STI Treatment
Anger Management/SI	Support for students who have anger issues that could adversely impact their academic and social well-being.
Children's International *	This program offers support for adolescents that need additional assistance and encourages student to be successful throughout their high school years and is inclusive of high school and beyond.
CCC/Goals Conflict Resolution	Support for students who have mental health issues and behavioral issues that could impact their academic and social well-being and functions.
In-Touch/PCA: SI	Support and instillation of hope for students with limited coping skills and anger issues.
Female Responsibility/GH	Female discuss growth & development, personal responsibility and decision making.
The Pointe DBT Skills Group	Mindfulness, emotional regulation, distress tolerance and interpersonal effectiveness skills are taught following DBT skills training protocol.
Leadership Mediation/ Mentoring Fathers	Promotes positive fatherhood engagement by enhancing literacy, job training skills, life skills and the tools necessary to succeed in order to build capacity to do greater things within their family structure.
Teen Empowerment/LS	Designed to enhance the coping skills of students who are marginally involved in the academic and social arena at school.
Male Responsibility/BB	Males discuss growth & development, personal responsibility and decision making.
Pre-Natal Parenting/JB	Discuss ways to learn to be an effective and loving parent to your child and valuable information and support during your pregnancy.
Life Strategies	Provides behavior intervention for anxiety/depression, group counseling and case management.
S.T.R.I.V.E	UAMS supportive services to assist and develop coping skills for adolescents who are experiencing various adjustments and other social/behavior, mental and emotional issues.
Nutrition	Helping students to understand the importance of healthy nutrition during adolescence and beyond.
ALA-Team (ALA) 1 & 2	A support group for students whose family members or others they know who are experiencing problems with alcohol and other substance use or abuse issues.
INSIGHT: Adolescents Rejuvenation	Group designed to address ineffective and harming life style choices to encourage insight and alternative behavioral choices for improved functioning across environments.
New Beginnings	Supportive individual, group and family therapeutic services for students who are experiencing emotional and social adjustments issues.